

Tuesday Newsletter



In This Issue

Online: <http://extension.wsu.edu/4h/news>

- Still Time - Reach for the Stars Rocket Contest
- Citizenship/Leadership Washington Focus
- United Junior Suffolk Sheep Assn. Opportunities
- Global Citizenship Lesson Plans
- Anna Teachman Crowned WA Dairy Ambassador

Events

Online: <http://extension.wsu.edu/4h/events>

- | | |
|----------|-----------------------|
| 07/04 | Independance Day |
| 07/13-15 | Kalama Community Fair |
| 07/13-16 | King County Fair |
| 07/15 | NW Junior Sheep Show |

Still Time - Reach for the Stars Rocket Contest

Submitted by: Doreen Hauser-Lindstrom

There is still time to register kids in the 11th annual [Reach for the Stars - National Rocket Competition](#). The deadline to enter has been extended to July 31st, 2017.

The competition is a great way to excite kids around STEAM careers. Total cost per competitor is less than \$25 and includes:

- Registration in the national competition
- A rocket kit to build and keep
- Supplies for 2 launches
- Full color Certificate of Achievement

Results from local competitions determine the 5 national winners who are then invited to celebrate and launch rockets at Space Camp/ US Space & Rocket Center in Huntsville Alabama.

For more information visit www.rocketcompetition.com.

Citizenship/Leadership Washington Focus

Submitted by: National 4-H Council

[Citizenship Washington Focus](#) and [Leadership Washington Focus](#) are week-long 4-H citizenship programs in Washington DC. CWF is designed for youth ages 14-19, while LWF is designed for youth entering grades 7 through 9. Both programs are widely recognized as the foremost citizenship and leadership experiences for youth in 4-H.

Registration for CWF (<http://4-h.org/parents/citizenship-washington-focus/>) and LWF (<http://4-h.org/parents/leadership-washington-focus/>) 2018 is now open!

Citizenship Washington Focus is more than a Washington DC field trip - it's an opportunity for 4-H'ers to learn how to be citizen leaders and make a difference in their communities. During their week, participants will

- Enjoy a behind-the-scenes look at our nation's capital and get a chance to meet members of Congress.
- Develop communication, leadership, and citizenship skills through hands-on learning and group activities
- Build new and lasting friendships

Leadership Washington Focus is a 4-H leadership program for youth entering grades 7 through 9. During their week, participants will

-
- Build confidence and motivational skills to lead others in meaningful action
- Practice effective inter-personal communication skills through group discussions and public speaking
- Experience hands-on learning using the historical backdrop of Washington, DC

United Junior Suffolk Sheep Association Opportunities

Submitted By: Susan Kerr

Scholarships Available to UJSSA Members

UJSSA Members are encouraged to apply for the USSA Scholarship and the Let's Grow Suffolk Scholarship. Each of these scholarships award \$1000. The deadline to apply is October 1, 2017.

USSA Ambassador Application

The United Junior Suffolk Sheep Association (UJSSA) Ambassador is to be an outstanding junior Suffolk member who will support the production of the Suffolk breed at a local, state and national level. During their one-year term as Ambassador, he/she will have the chance to represent the UJSSA/USSA at sheep and lamb related activities, and to interact with the people and institutions that impact all phases of the sheep industry. The Ambassador will be the "Voice of the Suffolks" for the USSA/UJSSA alike. The deadline to apply for the USSA Ambassador is June 1, 2017.

More info about these opportunities is available at <http://www.ujssa.org/>

Global Citizenship Lesson Plans

Submitted By: Mary Katherine-Deen

Are you looking for a way to connect your 4-H club to cultures around the globe and help your youth develop life skills that will help them be successful in our interconnected and global society? This Spring, WSU 4-H is looking for a few 4-H clubs or groups (adults and/or youth) to pilot our new 4-H Global Citizenship Lesson plans. These short, inter-active lesson plans will teach youth and adults about 4-H global connections, hunger, culture, and about Burundi (a small country in Africa that WSU 4-H partners with to help start 4-H school gardens). For example, one of the lessons teaches youth about basket weaving and includes an activity teaching youth how create their own basket out of newspaper. Each lesson plan is about 15-20 minutes long and can be easily incorporated into a 4-H club or committee meeting. Would your club be interested in helping our project? If so, please contact us! We are looking for clubs or groups to pilot a few lesson plans and then provide feedback about the lesson plans. The lessons can be taught by an adult volunteer, 4-H staff member or a teen leader—it's up to you! If you are interested in this opportunity please contact Lauren Hrnccirik at lauren.hrnccirik@wsu.edu or 509-754-2011 ext. 4314 or Mary Katherine Deen mdeen@wsu.edu or 509-682-6956. Please feel free to pro-mote this opportunity in your county's newsletter or Facebook page. Thank you!



Photo retrieved from <http://www.nytimes.com/2007/10/11/garden/11rwanda.html>

Anna Teachman Crowned WA Dairy Ambassador

Submitted by: Susan Kerr



Anna Teachman fell in love with animals on childhood visits to the Puyallup Fair. She grew up in SeaTac, but with the full support of her parents Anna pursued an interest in dairy farming, attending two WSU Cougar Youth Weekends, joining the Barn Buddies 4-H Club in Everson, and purchasing her own Jersey heifer. On June 24th Anna was crowned 2017-2018 Washington State Dairy Ambassador in a competition hosted by the Washington State Dairy Women. During her one-year reign Anna will make up to 400 appearances across the state at schools, county fairs, and athletic events. She will also speak before the Washington State Legislature to promote the health and nutritional benefits of dairy products. To see photos of Anna's remarkable journey from city girl to Washington State Dairy Ambassador visit <https://goo.gl/mNK6WX>