

February 4, 2017--Super Saturday Workshop Descriptions & Sessions

8:00 - 9:30 AM - Registration

Session A (9:00 - 10:10 AM)

	Title	Class Limit & Recommended Age level	Workshop Description
A1	Valentine's Day Cookie Baking	Limit: 10 Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Catherine Kirschbaum, Abbey Herrington, Lana Marshall - we will cut, bake, & decorate Valentine's sugar cookies to take home. Be ready to get messy! Please bring an apron. A recipe will be available at the end of the class if you want it.
A2	How to Use STEM with your club	Limit: none Recommended Age Level: Intermediates, Seniors, Adults	Kimberly Kalin - Come and learn the STEM philosophy and how you can incorporate it into any program. Several examples will be available to try & see how you might use them for your club.
A3	Fabric Knowledge	Limit: 15 Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Floy Ziegler - You will learn different qualities of fabric from "is it a knit or woven?" to "how does it react to various treatments. You will learn if a fabric is suitable for what you will make out of it and more.
A4	Animal Treats	Limit: 24 Recommended Age Level: all ages	Members of Kelsey Creek Critters - This is a hands on class to create animal treats using dried fruits and vegetables. These treats can be customized to your particular animal or even for birds in your yard.
A5	Grow What/When?	Limit: none Recommended Age Level: all Ages	Jim Olson - Come learn what can be grown--flowers, vegetables, herbs, bees--and when to start: basic plants and soil.
A6	Show Me the Money!	Limit: none Recommended Age Level: Seniors & Adults	Kevin Wright - In times of tight budgets we need to look for other ways to support 4-H programs. This workshop will help everyone from club leaders to teens learn the basics of writing grants, looking for sponsorships and raising funds from things you are already doing through companies that your families work for. You will learn where to look for grants, how to make your case and ways to avoid common pitfalls of fundraising.

A7	Photography	Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Nancy Baskett - Come learn about composition, lighting and how to prepare your photos for entry at the fair.
A8	Felting Application 101	Limit: 10 Recommended Age Level: Cloverbuds and Juniors	Tani Adams - Using simple patterns, you will learn methods to fuse applications to wool products.

Session B (10:20 - 11:30 AM)

	Title	Class Limit & Recommended Age level	Description
B1	Science of Cookies	Limit: 24 Recommended Age Level: all ages	Members of Kelsey Creek Critters - A hands-on demonstration of what it looks and tastes like when you change the chemistry of the cookies.
B2	Weaving a Bracelet	Limit: none Recommended Age Level: all ages, adults are encouraged to stay and help with Cloverbuds and Juniors.	Patty Dell - Students will learn how to make a circular loom out of cardboard and using embroidery floss to create a bracelet.
B3	Let's Talk Scholarship	Limit: None Recommended Age level: Intermediates, Seniors, Adults	Dianne Heath - The King County 4-H Association offers scholarships for 4-H events and for Post-secondary School (college) tuition. Learn about qualifications and application requirements and how to expand your 4-H experience through the use of the scholarship program.
B4	Are you ready to show your cat?	Limit: None Recommended Age level: Cloverbuds, Juniors, Intermediates	Nancy Stewart - An introduction to cat showing--what you need, what to expect, and how to get ready for fitting and showing and type.

B5	Watercolors: Painting on Canvas	Limit: 10 Recommended Age level: all age groups, but <u>adults are encouraged to stay and help with Cloverbuds and Juniors</u>	Tani Adams - Using simple patterns, you will learn blending and shading with watercolors pencils and markers.
B6	What could possibly go wrong?	Class limit: none Recommended Age level: Seniors, Adults	Kevin Wright - In a word, ANYTHING! Come to this fun, interactive workshop and learn about managing the risks you take on as a 4-H volunteer. From events to club meetings to finances, this workshop will cover the topics you need to make 4-H a safe and inviting program for youth. You will learn what to look for in event planning. Participants will have a chance to review their club's financial practices and see what improvements to make.
B7	Photography	Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Nany Baskett - Come learn about composition, lighting and how to prepare your photos for entry at the fair.
B8	Urban Wall Hanging	Class limit: 12 Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Heidi White - Using a variety of knots we will make a wonderful wall hanging similar to what has been displayed in the Urban Outfitters Stores. Knotting techniques will be similar to those used in macrame.

11:30 AM - 12:30 PM - Lunch in Cafeteria

Session C (12:30 - 1:40 PM)

	Title	Class Limit & Recommended Age level	Description
C1	Pasta Pasta Pasta	Limit: 15 Recommended Age level: all age groups, but Cloverbuds will need to have an adult with them.	Jim Olson - Come and learn what it takes to make homemade pasta. We will also be taste testing!
C2	Weaving a Bracelet	Limit: none Recommended Age Level: all ages, adults are encouraged to stay and help with Cloverbuds and Juniors.	Patty Dell - Students will learn how to make a circular loom out of cardboard and using embroidery floss to create a bracelet.

C3	Creating a Cat Tent and Toys Your Feline will Love	Limit: 20 Recommended Age Level: all ages, but adults are encouraged to stay and help with Cloverbuds.	Kimberly Kalin and Members of Top Cats - In this class you will learn how to make a cat tent and some cat toys.
C4	Canine Body Language as it applies to Fair and 4-H Events!	Limit: none Recommended Age Level: all ages --Cloverbuds & Juniors are required to have an adult accompany them.	Anne-Lise and Carol Nilsen - Highly suggested for ALL new dog project families!! We will learn what to expect for the dog project at fair, preparing members and parents for setting up their dogs for success at Fair and other dog project events! We will also be learning about reading dog body language, especially regarding aspects that are essential in a public 4-H event, keeping dogs and kids safe! We ask a lot of our four-legged friends, the least we can do is to do our best to educate ourselves on how to "speak dog!"
C5	Decisions, Decisions	Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Dianne Heath - Come learn the basics of 4-H Judging. Do some actual judging while learning about the score sheet and oral reasoning. Discover how 4-H judging relates to everyday life.
C6	Know Your Surroundings	Class limit: none Recommended age level: all ages	Jeff Floyd - Learn about being safe in public and how to recognize some signals that are warning signs. Learn about ways to think of safe options on a daily basis, why we say groups of at least 2 at events and what to do if someone is looking/acting suspicious.
C7	Building Mason Bee Houses	Limit: 15 Recommended Age Level: Juniors, Intermediates, Seniors, Adults	Ju Namkung - Mason bees are different from honey bees - they won't sting, they are solitary, and they have no hive. And they are great pollinators. In this session we will build a mason bee house out of wood that you can put in your yard this spring to encourage mason bees in your garden.

Session D (1:50 - 3:00 PM)

	Title	Class Limit & Recommended Age level	Description
D1	Eat Your Curds and Whey	Limit: 12 Recommended Age Level: Intermediates, Seniors	Floy Ziegler - In this class you will learn about cheese making and take home some cheese you will make.
D2	Beaded Horseshoe	Limit: 20 Recommended Age Level: all ages	Kimberly Kalin & Members of Evergreen Equestrians - Bring one of your horse's shoes or choose one of ours to create your own beaded design to display on your wall.

D3	Creative Writing	Limit: none Recommended Age Level: Intermediates, Seniors	Allison DeBoer - Come and learn how to craft your own short stories! We will be looking at character development, plot, dialogue, and point of view.
D4	Public Presentation	Limit: none Recommended Age Level: all ages	Dianne Heath - Is fear of the unknown keeping you from participating in 4-h Public Presentations? Public speaking is an important life skill so come and learn all about it. Find out what judges look for and learn a step-by-step process for creating a blue ribbon presentation. Get answers to all of your questions and watch a presentation.
D5	Know Your Surroundings	Limit: none Recommended age level: all ages	Jeff Floyd - Learn about being safe in public and how to recognize some signals that are warning signs. Learn about ways to think of safe options on a daily basis, why we say groups of at least 2 at events and what to do if someone is looking/acting suspicious.
D6	Canine Body Language as it applies to Fair and 4-H Events!	Limit: none Recommended Age Level: all ages--Cloverbuds & Juniors are required to have an adult accompany them!	Anne-Lise and Carol Nilsen - Highly suggested for ALL new dog project families!! We will learn what to expect for the dog project at fair, preparing members and parents for setting up their dogs for success at Fair and other dog project events! We will also be learning about reading dog body language, especially regarding aspects that are essential in a public 4-H event, keeping dogs and kids safe! We ask a lot of our four-legged friends, the least we can do is to do our best to educate ourselves on how to "speak dog!"
D7	Team Building Games	Limit: none Recommended Age Level: all ages	Nancy Baskett - If you are an older youth or adult that works with kids, come learn some fun games that can be used as ice breakers for meetings and that help team build with youth.
D8	Needle Felting	Limit: 15 Recommended Age Level: all age groups, but adults are encouraged to stay and help with Cloverbuds and Juniors	Tani Adams - Create a three dimensional figurine by taking two parts of flat surface pieces and fusing them together to make a 3-D character.