

February 3, 2018--Super Saturday Workshop Descriptions & Sessions

8:00 - 9:30 AM - Registration

Session A (9:00 - 10:30 AM)

| | Title | Class Limit & Recommended Age level | Workshop Description |
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| A1 | High Powered Air Rockets | Limit: 15 Recommended Age Level: Cloverbuds, Juniors, Intermediates, Seniors | Alex Juchems - Participants will learn the fundamentals of building a stable rocket and test fly their creations. (Youth first grade and under will need a parent helper) |
| A2 | Let's Roll Part One | Limit: 15 Recommended Age Level: Juniors, Intermediates, Seniors | Jim Olson - We will make cinnamon rolls and learn what it takes to make yeast rise and how to enter them as a food entry at the fair. This is a two part class-must sign up for Part Two also. No late entries will be allowed to participate--MUST be on time! |
| A3 | 4-H 101 | Limit: none Recommended Age Level: Adults | Kevin Wright - Come and learn about the Essential Elements of 4-H. These four elements make up the backbone of the program. Learn the history of 4-H and how it works in King County and Washington State. From Club basics to helping youth thrive in the program this workshop will give you the foundation you need to make your club members and volunteers successful. Come and learn how to put the youth development into your club activities. |
| A4 | Poultry Judging | Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults | Kyle French - This class will go over the specific items covered in a judging contest: interior and exterior quality of eggs, ranking dozen eggs, part ID, Breed ID. If time allows, production hen ranking and oral reasons will also be covered. |
| A5 | Learn How to Build a Website | Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults | Kianna Cooper-Fikes - This class will teach how to set up a website since this can be helpful if members want to be a web designer for their club. Websites for clubs are useful in showing others what your club does. |
| A6 | Creating a Button Tree | Limit: 15 Recommended Age Level: all ages | Patty Dell - Buttons aren't just for seamstresses. You can use them to decoarte an image of a tree, bringing it to life with your color selection. Perfect for young and young at heart 4-Her's If you have extra buttons at home, bring them with you. |

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| A7 | Photography | Limit: none Recommended Age Level: all ages | Nancy Baskett - Come learn about composition, lighting and how to prepare your photos for entry at the fair. |
| A8 | Portrait Drawing | Limit: 20 Recommended Age Level: Juniors, Intermediates, Seniors, Adults | Floy Ziegler - Wikipedia defines a portrait as: A portrait is a painting, photograph, sculpture, or other artistic representation of a person, in which the face and its expression is predominant. The intent is to display the likeness, personality, and even the mood of the person. This workshop will help you learn the basics of composition for drawing portraits. Bring a picture of yourself or a hand mirror to look at yourself. Recommended for third grade and above. |

Session B (10:40 - 11:40 AM)

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| B1 | Know Your Surroundings | Class limit: none Recommended age level: all ages | Jeff Floyd - Learn about being safe in public and how to recognize some signals that are warning signs. Learn about ways to think of safe options on a daily basis, why we say groups of at least 2 at events and what to do if someone is looking/acting suspicious. |
| B2 | Let's Roll Part Two | Limit: 15 Recommended Age Level: Juniors, Intermediates, Seniors | Jim Olson - We will make cinnamon rolls and learn what it takes to make yeast rise and how to enter them as a food entry at the fair. This is a two part class-must sign up for Part Two also. |
| B3 | Public Presentation | Limit: none Recommended Age Level: all ages | Dianne Heath - This workshop will be aimed at Junior level 4-H members, but anyone is welcome to attend. We will review the evaluation sheet to find out what the judge will be looking for, discuss a step-by-step plan for putting together a presentation and learn ways to present with confidence. |
| B4 | Forest Forensics (or Become a Forest Detective) | Limit: None Recommended Age level: Cloverbuds, Juniors, Intermediates | Kelsey Ketcheson --Learn to look at the forest from the perspective of an ecologist to discover clues to its history, causes of damage and disease, and signs of wildlife |
| B5 | Beginning Needle Felting | Limit: none Recommended Age level: Intermediates, Seniors, Adults | Anna Zagelow -- Explore the fiber art of needle felting. Needle Felting is the process of interlocking fibres by stabbing it with a barbed needle. The barbs catch the scales on the fibre and cause them to tangle and bind together in 3D sculptures. supplies will be provided to create a toadstoll or woodland creature such as a rabbit, squirrel, raccoon or fox. |

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| B6 | Money from Fundraising to Financial Management | Class limit: none Recommended Age level: Seniors, Adults | Kevin Wright - Come and learn about raising funds for your club-- what are ways that work, don't work, and what do you do once you get the funds. While few people like doing paperwork, it is an important part of the 4-H program. It keeps our youth and volunteers safe and helps us tell the story of 4-H and the youth we serve. Come to this painless and educational workshop to learn about the requirements of the program for club finances. We will be covering fundraising in the name of 4-H and club and project finances in this fast paced workshop. |
| B7 | What Social Media is right for your club? | Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults | Nancy Baskett - Learn about various social medias (mainly Facebook) and how they can be used to promote your club and recruit members. You will also learn how to communicate using social media and WSU policies regarding the use of social media. |
| B8 | Creating Educational Posters | Limit: 20 Recommended Age Level: Cloverbuds, Juniors, Intermediates | Amy Barrett - Posters and tri-displays are a fun and creative way to educate viewers about 4-H and your project. Come learn a few tips and techniques for making your best display better! |

11:40 AM - 12:20 PM - Lunch in Cafeteria

Session C (12:20 - 1:20 PM)

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| C1 | Know Your Surroundings | Limit: none Recommended age level: all ages | Jeff Floyd - Learn about being safe in public and how to recognize some signals that are warning signs. Learn about ways to think of safe options on a daily basis, why we say groups of at least 2 at events and what to do if someone is looking/acting suspicious. |
| C2 | Papercrafts for Kids | Limit: 20 Recommended Age Level: Cloverbuds, Juniors, Intermediates | Kim Baker -- come have some fun with paper crafts -- start thinking about Valentines day and the fun things you can make with paper, scissors, glue and tape. |
| C3 | Decisions, Decisions | Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults | Dianne Heath - Come learn the basics of 4-H Judging. Do some actual judging while learning about the score sheet and oral reasoning. Discover how 4-H judging relates to everyday life. |
| C4 | Forest Forensics (or Become a Forest Detective) | Limit: None Recommended Age level: Cloverbuds, Juniors, Intermediates | Kelsey Ketcheson --Learn to look at the forest from the perspective of an ecologist to discover clues to its history, causes of damage and disease, and signs of wildlife |

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| C5 | Introduction to Parliamentary Procedure | Limit: None Recommended Age level: all ages | Anna Zagelow -- Learn parliamentary procedure through games and activities. In one activity we will work together to make trail mix while also learning the correct terminology and process to make a motion in a club business meeting. |
| C6 | Putting STEM into your 4-H Projects | Limit: None Recommended Age level: all ages | Kevin Wright -- Science, Technology, Engineering and Math (STEM) is the hot topic these days. Youth need STEM to succeed in their career. 4-H has been preparing youth for STEM careers for over 100 years. Come to this workshop and see how to put STEM into your club's projects, even if you aren't a science person. We will demystify ways to bring out the STEM in any project from Foods to Animals to Service Learning projects. |
| C7 | Record Books | Limit: none Recommended Age Level: Juniors, Intermediates, Seniors, Adults | Floy Ziegler -- Are more than an exercise in writing. It's learning some important Life Skills such as goal setting; evaluating your goal outcomes; understanding the financial commitment of your project; journaling your progress; cataloging your involvement that will be helpful when applying to colleges and scholarships to name a few. Recommended for third grade and above. |
| C8 | Creating Educational Posters | Limit: 20 Recommended Age Level: Cloverbuds, Juniors, Intermediates | Amy Barrett - Posters and tri-displays are a fun and creative way to educate viewers about 4-H and your project. Come learn a few tips and techniques for making your best display better! |

Session D (1:30 - 3:00 PM)

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| D1 | How Does 4-H Grow | Limit: none Recommended Age Level: all ages | Jim Olson -- Join us in a plant and soil discussion on "what-when-why-how" plants can be entered in the fair. We will also start some seeds so they can be looking good for the fair. |
| D2 | Let's Talk Scholarships | Limit: None Recommended Age level: Intermediates, Seniors, Adults | Dianne Heath - The King County 4-H Association offers scholarships for 4-H events and for Post-secondary School (college) tuition. Learn about qualifications and application requirements and how to expand your 4-H experience through the use of the scholarship program. |
| D3 | High Powered Air Rockets | Limit: 15 Recommended Age Level: Cloverbuds, Juniors, Intermediates, Seniors, | Alex Juchems - Participants will learn the fundamentals of building a stable rocket and test fly their creations. |

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| D4 | Sewing | Limit: 15 Recommended Age Level: Cloverbuds, Juniors, Intermediates, Seniors | Floy Ziegler --Those attending this workshop will be making an infinity scarf. There is no age requirement but it is required that the youth attending must know how to use a sewing machine without assistance. Fabric choices will be provided |
| D5 | Papercrafting Party Favors | Limit: 20 Recommended age level: Intermediates, Seniors, Adults | Kim Baker - Come learn how to make some cute party/"thinking or you" favors to share with your friends, teachers, etc. Please bring a pair of scissors if possible. |
| D6 | Teen Leadership Opportunity | Limit: none Recommended Age Level: all ages | Mayyadah Zagelow & Frances Hogg -- YA4-H!: Teens as Teachers Learn about a leadership opportunity for teens in King County. Teens currently participating in YA4-H! and teaching the Choose Health program will share their experiences as well as provide a sample lesson from the CHoose Health curriculum. The sample lesson will teach about eating more whole grains through games, activities, and cooking veggie pita pockets. |
| D7 | All About Dogs | Limit: none Recommended Age Level: all ages | Rose Smith & Sirius Dog Club -- This workshop will be all about dogs and will be set up as rotating stations. 4-H members will learn about Breed ID, Knowledge Bowl, Showmanship and Obedience questions. |
| D8 | Intro to Lego Robotics for Cloverbuds | Limit: 20 Recommended Age Level: Cloverbuds, Juniors, and Adults | Nancy Baskett --This workshop is designed to introduce our youngest 4-H members to robotics using kits available from the 4-H office. A great chance for adults, Cloverbuds, and Juniors to get a hands on intro to Lever & Crank Robotics and We-Dos. MUST Pre-register for this class. No Walk-ins allowed. |