Lincoln/Adams County
Washington State University Extension

Food Safety & Preservation Resources

Food Safety Websites

WSU Clark County Extension Food Safety Sheets
http://ext100.wsu.edu/clark/healthwellness/foodpreservation/foodsafetyfactsheets/

WSU Food Safety Resource Page
www.foodsafety.wsu.edu

National Center for Home Food Preservation
http://www.uga.edu/nchfp/

Canning Supplies/Resources

Food Preservation National Presto
www.gopresto.com

Ball
www.freshpreserving.com

Kitchen Krafts Canning Supplies
www.kitchenkrafts.com

Elevation Reference
http://veloroutes.org/elevation/

Canning Reminders!

When canning home preserved foods:

- Use research based, laboratory tested, up-to-date recipes from the resources on the back of this flyer
- Know your elevation, to adjust processing times accordingly
- Follow directions carefully, including the correct use of water bath and pressure canner
- Date, label and store home preserved foods no more than 12 months, between 50-70 degrees F, and avoid direct sunlight
- Be sure to contact your local food preservation volunteers if you have any questions

Washington State University Extension Publications

http://pubs.wsu.edu

Search for "Food Preservation" or by publication number or title

Publication	Number
Acid Foods	
Canning Fruits	PNW 199
Canning Tomatoes and Tomato Products	PNW 300
Let's Preserve Jellies, Jams, Spreads	EB 1665
Low Acid Foods	
Using and Caring for your Pressure Canner	PNW 421
Canning Vegetables	PNW 172
Canning Meat, Poultry and Game	PNW 361
Big Game From Hunt to Home	PNW 517
Salsa Recipes for Canning	PNW 395
Pickling Foods	
Pickled Eggs	EB 1104
Pickling Vegetables	PNW 355
Freezing Foods	
Freezing Fruits and Vegetables	PNW 214
Freezing Convenience Foods	PNW 296
4-H Home Food Preservation Series: Freezing	PNW 650
Drying Foods	
Drying Fruits and Vegetables	PNW 397
Making Jerky at Home Safely	PNW 632
4-H Home Food Preservation Series: Drying	PNW 651

Most Washington State University Extension publications are available online at low or no cost. If you do not have on-line access, contact your nearest WSU Extension

Lincoln/Adams County
Washington State University Extension

Adams County Office
205 W Main
Ritzville, WA 99169
509-659-3209

Lincoln County Office
PO Box 399, 303 6th St.
Davenport, WA 99122
509-725-4171

www.lincoln-adams.wsu.edu

WSU Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU Extension office.