

## Culinary Herbs

\* x (hybrid); var. (variety); f. (form); G. (Group); ssp. (subspecies)

#	Botanical Name	*	Cultivar	Common Name	Description/Uses	
	<i>Allium ampeloprasum</i>	var.	<i>ampeloprasum</i>	elephant garlic	mild, large cloves	
	<i>Allium schoenoprasum</i>			chives	garnish for delicate onion like flavor	
	<i>Allium tuberosum</i>			garlic chives		
	<i>Anethum graveolens</i>		'Fernleaf'	dill	cheese, eggs, cucumbers, potatoes	
	<i>Anethum graveolens</i>		'Long Island Mammoth'	dill	cheese, eggs, cucumbers, potatoes	
	<i>Armoracia rusticana</i>			horseradish	sharp-tasting root used as a condiment	
	<i>Artemisia dracunculus</i>		'Sativa'	French tarragon	leaves are smooth, glossy, dark, pungent and aromatic-- more so than those of Russian varieties	
	<i>Chenopodium bonus-henricus</i>			Good-King-Henry; poor man's spinach	leaves cook like spinach	
	<i>Coriandrum sativum</i>			cilantro	salads and cooked dishes	
	<i>Cynara cardunculus</i>			cardoan	perennial thistle, leaves and stems are consumed, not flowers	
	<i>Foeniculum vulgare</i>			fennel	anise flavored seeds and leaves	
	<i>Laurus nobilis</i>			sweet bay laurel; bay leaf; bay laurel	soups, stews	
	<i>Levisticum officinale</i>			lovage	celery substitute, salads, soups	
	<i>Mentha suaveolens</i>		'Variegata'	pineapple mint	infuse the leaves in oil, vinegar or water (for tea); mint sauce; with chocolate for a dessert	
	<i>Monarda fistulosa</i>		'Blaustrumpf'	bergamot	tea; sauces with chicken or pork	
	<i>Occimum basilicum</i>			sweet basil	Italian, Mediterranean, and Thai flavor	
	<i>Origanum</i>	x	<i>marjoricum</i>	Italian oregano or hardy marjoram	similar to sweet marjoram but savory, spicy and sweet	
	<i>Origanum vulgare</i>	ssp.	<i>vulgare</i>	'Aureum'	golden creeping oregano	enhances veggies, meats; pesto
	<i>Origanum vulgare</i>	ssp.	<i>hirtum</i>		Greek or Italian oregano	most flavorful
	<i>Origanum vulgare</i>			oregano	intense, strong flavor	
	<i>Origanum vulgare</i>		'Aureum'	golden oregano	mild flavor	
	<i>Origanum vulgare</i>	ssp.	<i>hirtum</i>		Greek or Italian oregano	considered best subspecies
	<i>Origanum vulgare</i>			oregano	Mediterranean-style cooking	
	<i>Origanum vulgare</i>		'Variegata'	variegated oregano	subtle mild flavor	
	<i>Mentha spicata</i>			spearmint	tea; salads; condiment in curry dishes	
	<i>Petroselinum crispum</i>			curly parsley		
	<i>Petroselinum sativum</i>			Italian parsley		
	<i>Pimpinella anisum</i>			aniseed; anise burnet saxifrage	pleasant licorice taste	

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	<i>Rosmarinum officinalis</i>		'Tuscan Blue'	rosemary	used in meat, soup, veggies	
	<i>Rosmarinum officinalis</i>			rosemary		
	<i>Rumex scutatus</i>			French sorrel; buckler's sorrel		
	<i>Salvia elegans</i>			pineapple or tangerine sage	herbal teas; baking	
	<i>Salvia officinalis</i>		'Aurea'	golden sage	strong flavor; stuffing, sausages, omelettes, meats, cheese	
	<i>Salvia officinalis</i>		'Berggarten'	common sage	meat, cheese, stuffing	
	<i>Salvia officinalis</i>			common sage	meat and poultry dishes	
	<i>Salvia sclarea</i>			clary sage	stews, soups	
	<i>Sanguisorba minor</i>			salad burnet	cucumber-flavored leaves	
	<i>Satureja hortensis</i>			summer savory	beans, stuffings, stews	
	<i>Tagetes lucida</i>			Mexican tarragon	veggies, meats	
	<i>Thymus</i>	x	<i>citriodorus</i>	'Lime'	citrus thyme	tea
	<i>Thymus</i>	x	<i>citriodorus</i>		citrus thyme	tea
	<i>Thymus</i>	x	<i>citriodorus</i>	'Lime Thyme'	citrus thyme	tea
	<i>Thymus</i>	x	<i>herba-barona</i>		caraway thyme	cheese, tea
	<i>Thymus pseudolanuginosus</i>				woolly thyme	
	<i>Thymus vulgaris</i>		'Argenteus'		silver thyme	
	<i>Thymus vulgaris</i>				English thyme	
	<i>Tropaeolum majus</i>				nasturtium	salad

## Medicinal Herbs

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#	Botanical Name	*	Cultivar	Common Name	Uses
	<i>Althaea officinalis</i>			common marshmallow	
	<i>Angelica archangelica</i>			garden angelica, wild celery, Norwegian angelica	
	<i>Artemisia vulgaris</i>			mugwort; common wormwood	
	<i>Borago officinalis</i>			borage	
	<i>Calendula officinalis</i>			pot marigold, garden marigold, English or Scotch marigold	
	<i>Echinacea purpurea</i>			purple coneflower	
	<i>Eutrochium purpureum</i>			Joe Pye weed	
	<i>Foeniculum vulgare</i>			fennel	
	<i>Galium odoratum</i>			sweet woodruff; sweet- scented bedstraw	
	<i>Humulus lupulus</i>		'Cascade'	hops	
	<i>Leonurus cardiaca</i>			motherwort; lion's tail	
	<i>Melissa officinalis</i>			lemon balm	
	<i>Nepeta cataria</i>			catnip; catmint	
	<i>Oenothera biennis</i>			evening primrose	
	<i>Rosa</i>		'Morning Magic'	large-flowered climbing or groundcover rose	
	<i>Rosmarinus officinalis</i>			rosemary	
	<i>Salvia</i>	spp.		sage	
	<i>Silybum marianum</i>			milk thistle	
	<i>Symphytum officinale</i>			comfrey	
	<i>Tanacetum parthenium</i>			feverfew	from the Latin word febrifuge, "fever reducer."
	<i>Valeriana officinalis</i>			valerian	sedative
	<i>Verbascum thapsus</i>			great or common mullein	
	<i>Yucca</i>	spp.			

# Dye Herbs

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#	Botanical Name	*	Cultivar	Common Name	Color	Part Used
1	<i>Achillea</i>	x	<i>millefolium</i>	yarrow	yellow, green	flowers
2	<i>Agrimonia eupatoria</i>			agrimony	yellow	whole plant
3	<i>Alcea rosea</i>			hollyhock, lavender	lavender	flowers
4	<i>Allium cepa</i>			onion	yellow & green	peel
5	<i>Anchusa officinalis</i>			alkanet	purple/red	root
6	<i>Anthemis tinctoria</i>			Dyer's coreopsis	red	whole plant
7	<i>Anthemis tinctoria</i>			Dyer's coreopsis	red	whole plant
8	<i>Asperula odorata</i>			sweet woodruff	red	root
9	<i>Dahlia</i>	x		yellow, orange dahlia	yellow, orange	flowers
10	<i>Baptisia tinctoria</i>			false indigo; wild indigo	blue	leaves
11	<i>Mahonia aquifolium</i>			Oregon grape	yellow	root
12	<i>Beta vulgaris</i>	var.	<i>cruenta</i>	'Bull's Blood' beet (Hopi)	red	root
13	<i>Callendula officinalis</i>				yellow	flowers
14	<i>Callistephus chinensis</i>			aster	yellow, green	flowers
15	<i>Carthamus tinctorius</i>			safflower	yellow, red	flowers
16	<i>Centaurea cyanus</i>			bachelor button	blue	flowers
17	<i>Cosmos sulfureus</i>				orange	flowers
18	<i>Crocus sativa</i>			autumn crocus, saffron	yellow	flowers
19	<i>Digitalis purpurea</i>			foxglove	yellow, green	flowers
20	<i>Echinacea purpurea</i>			purple coneflower	green, gold	flowers, leaves/stem
21	<i>Filipendula vulgaris</i>			dropwort; meadowsweet	black	shoots
22	<i>Foeniculum vulgare</i>			'Purpureum' bronze fennel	brown, yellow	root
23	<i>Helianthus annuus</i>			sunflower	red, black	outer seed, seed
24	<i>Humulus lupulus</i>			'Cascade' hops	brown	leaves, flowers
25	<i>Iris ensata</i>			'Variegata' variegated Japanese iris	grey/black	root
26	<i>Leonurus cardiaca</i>			motherwort	olive green	leaves
27	<i>Ocimum basilicum</i>	var.	<i>purpurascens</i>	purple basil	green, brown	stems, leaves
28	<i>Origanum majorana</i>			marjoram	yellow, orange	flowers
29	<i>Origanum vulgare</i>			oregano	deep brown	dried stalk

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#	Botanical Name	*	Cultivar	Common Name	Color	Part Used
30	<i>Polemonium caeruleum</i>			Jacob's-ladder	black	flowers
31	<i>Reseda luteola</i>			weld; Dyer's rocket	yellow	flowers, leaves, stems
32	<i>Rubia tinctorum</i>			madder	red	root
33	<i>Rudbeckia fulgida</i>			black-eyed Susan	yellow, green	flowers
34	<i>Salvia officinalis</i>			sage	yellow	oil
35	<i>Sambucus nigra</i>			European black elderberry	purple, yellow-orange	berry, stems
36	<i>Sanguinaria canadensis</i>			bloodroot	red	root
37	<i>Santolina chamaecyparissus</i>			lavender cotton	green, brown	
38	<i>Satureja hortensis</i>			savory	green	leaves
39	<i>Stachys officinalis</i>			wood betony	green	
40	<i>Tagetes erecta</i>			marigold	yellow gold,	flowers
41	<i>Thymus vulgaris</i>			thyme		
42	<i>Trigonella foenum-graecum</i>			fenugreek	yellow	seeds
43	<i>Verbascum thapsus</i>			mullein	yellow	stems, flowers
44	<i>Zinnia elegans</i>			zinnia	yellow	flowers

# Lavenders

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#	Botanical Name	*	Cultivar	Common Name
	<i>Lavandula</i>	x	<i>intermedia</i>	'Fred Boutin'
	<i>Lavandula angustifolia</i>			'Lady Lavender'
	<i>Lavandula angustifolia</i>			'True Munstead'
	<i>Lavandula angustifolia</i>			'Hidcote Blue'
	<i>Lavandula</i>	x	<i>intermedia</i>	'Grosso'
	<i>Lavandula</i>	x	<i>intermedia</i>	'Hidcote Giant'
	<i>Lavandula angustifolia</i>			'Royal Velvet'
	<i>Lavandula angustifolia</i>			'English'
	<i>Lavandula</i>	x	<i>intermedia</i>	'Provence' blue lavandin
	<i>Lavandula stoechas</i>			'Raspberry' Spanish lavender
	<i>Lavandula angustifolia</i>			'Melissa' English lavender
	<i>Lavandula angustifolia</i>			'Hidcote' English lavender
	<i>Lavandula angustifolia</i>			'Hidcote' English lavender
	<i>Lavandula angustifolia</i>			'Hidcote' English lavender

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### KNOT

#	Botanical Name	*	Cultivar	Common Name
	<i>Berberis thunbergii</i>	f.	<i>atropurpurea nana</i>	'Crimson Pygmy' dwarf Japanese barberry
	<i>Calamintha nepeta</i>	ssp.	<i>nepeta</i>	'Montrose White' calamint
	<i>Teucrium chamadrys</i>			evergreen wall germander
	<i>Euonymous japonicus</i>		'Harvest Glory'	boxleaf euonymous

### WALL

#	Botanical Name	*	Cultivar	Common Name
	<i>Buxus sempervirens</i>			boxwood
	<i>Fagus sylvatica</i>	var.	<i>heterophylla</i>	'Asplenifolia' fern-leaved beech
	<i>Hedera</i>			small leafed variegated ivy
	<i>Thuja plicata</i>			western or Pacific redcedar
	<i>Tsuga heterophylla</i>			western hemlock