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Snohomish County 4-H Newsletter

March 2017



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kudos

BIG "Thank You!!!"

to all the wonderful volunteers who helped to make the 26th Annual Train Show a HUGE success!!!

Remarks from the Park...

by Jana S. Ferris

Don't let this cause anxiety, but we are now halfway through our 4-H year. Is your club or program on their way to reach goals set back at the beginning of the year? Where are you at on your budget, do you need to revisit the budget? Have you raised the funds you need to complete your plans for year? Each of us should be asking ourselves these questions to assess where we have been, and where we need to go.

Each club or program should be planning activities in their program that will increase resiliency in our youth. Youth often need our help and guidance as they reach for their goals, but let's be careful not to do it for them, or provide such in-depth guidance that they do not have the opportunity to make decisions on their own. This is, perhaps, most important in those instances where you can see that what they plan to do will not work or will not help them reach their goal. It isn't a bad thing that a youth might experience a setback as they work towards their goals; the only thing that can create a negative outcome is the guidance they receive after it happens. Questions such as "how did it go?", "why do you think it didn't work?", "what could you have done differently?" (NOTE: not better, differently), and "what did you learn from this experience?" guide youth towards self-evaluation, critical thinking, and problem solving. Once we move our youth through this process, we have assisted them in gaining resiliency as they move throughout life.



MARCH

Calendar of Events

Mar 1	6:00pm	Rifle Leaders Meeting at WSU Ed Center
Mar 1-3		Tack Sale Consignments - drop off consignments for the annual tack sale at the Monroe Fairgrounds. For more info contact Bonnie Davis at 4HTackSale@gmail.com
Mar 3	7-9:00pm	Dog Program Planning Meeting at WSU Ed Center
Mar 4	10am-3pm	Tack Sale - An annual event since 1979. Thousands of new & used equine related items. Proceeds benefit Snohomish County 4-H Horse Program.
	10am-2pm	Swine Judging Clinic at Stoffel Family Farm in Arlington
	6-9:00pm	Senior Horse Bowl at WSU Ed Center
Mar 5	11am-2pm	Consignment Pick up & Little Tack Sale - Pick up unsold consignment items at Monroe Fairgrounds. Little Tack Sale for 4-H members only from 4-5:30pm.
	12:30-2:30pm	Photography Program Scavenger hunt photo shoot at WSU Ed Center
Mar 7	6:30-7:45pm	Equine Science Series: Limb Anatomy - Limb Anatomy will be required for the next series, Limb Dissection class on 3/11. At WSU Ed Center.
Mar 8	7-9:00pm	4-H Council Meeting at WSU Ed Center
	7-9:00pm	Teen Leadership Meeting at WSU Ed Center
Mar 9	7:00pm	Natural Resources Monthly Meeting at WSU Ed Center
Mar 11	7:30am	Small Animal Show for Rabbits, Cavies, Cats & Poultry at the Monroe Fairgrounds in the Commercial Bldg.
	9:00am	Dog Program Public Presentations hosted by Puppy Power. Contact Marty at sullivan87@frontier.com
	10am-noon	Equine Science Series: Limb Dissection with Mark Plumlee at Mission Farrier School. Limb Anatomy class is required to participate. Bring a chair and notes from 3/7 class
	1:30-4:30pm	Sewing Program Workshop - Survival Sewing for everyday at WSU Ed Center
	all day	Natural Resources: Tualco Biodigester - Learn how they convert cow manure into electricity. Contact Dottie for more info dottieonwhidbey@gmail.com
Mar 13	6-8:30pm	Equine Public Presentation Workshop at Snohomish County PUD. RSVP DBurkenpas@gmail.com
Mar 16	6:30pm	Horse Program Monthly Meeting starts at 7pm at WSU Ed Center
	7:00pm	Cavy Program Meeting at WSU Ed Center
Mar 18	9am-2pm	Public Presentation Contest at WSU Ed Center
	1:00pm	Springtime Youth Calf Sale at the Monroe Fairgrounds
Mar 19	1-4:00pm	Sewing Program Workshop: Cafe Napkins & Maxi Skirts at WSU Ed Center
Mar 21	6:30pm	Horse Judging at Evergreen Fairgrounds Indoor Arena
Mar 25	9:00am	Natural Resources: Lime Kiln Day Hike -Meet at Lake Stevens P&R at 9am. Contact Dottie for more info \$3/person
	9am-4pm	Caturday at WSU Ed Center
	10am-2pm	Food Program Workshop: Decorating with Flair: Quiche & brunch themed table decorating at the Evergreen State Fairgrounds
	2-4:00pm	Gardening Workshop: Miniature Gardens - make a miniature garden that you can take home. RSVP creativekidspre@msn.com
Mar 26	2-4:00pm	Vet Science Meeting at WSU Ed Center
Mar 28	6:30pm	Spring Admin Dinner at WSU Ed Center
Apr 1		Natural Resources: Boat Maintenance - Help ready our boats for use. Perform maintenance then practice your boating skills on a local river.
	1:30-4:30pm	Sewing Prgm Workshop: Embroidered kitchen towel or cluster cowl at WSU Ed Center

We are focusing a "spotlight" on a 4-H alumna/us each month. If you know of a recent alumna/us with an interesting story, let us know!



Aleah Bright

What did you do in 4-H? Clubs/Activities involved in?

I joined a dairy 4-H club when I was 8 years old where I showed Jersey cows for 10 years and Pygmy goats for a few years as well.

How did your involvement in 4-H help you on your path?

4-H made me the person I am today. I am thankful for the skills and responsibility I learned as a 4-Her and credit that background to all that I have been able to achieve in life, school and my career.

What was the most valuable part of 4-H?

I'm a country girl, so getting to be a part of agriculture was really important to me. I found a lot of value in the simple things 4-H taught me; whether how to clip a heifer, the responsibility of morning and night chores, or how to give a speech. Those things, while small at the time, really stuck with me and help me every day.

What are you doing now?

I am the communications coordinator at Dairy Farmers of Washington where I get the chance to work with and support dairy farmers across the state. I am passionate about working with dairy youth in my work as well.

My sister and I still have a couple of Jerseys at home and both spend a lot of time on our small farm doing work together.

What are your future goals/plans?

I plan always to stay involved in agriculture in some way and give back to the dairy industry and youth through my career or on the side. I know dairy will always be a part of my future.

Is there anyone in 4-H you would like to thank publicly?

I would like to thank all the leaders and mentors I have had through the years. Their support and leadership meant so much to me. Above all, I would like to thank Mom and Dad for always supporting me and taking so much time out of their own lives to make sure my sister and I could succeed.

Do you have any advice for today's 4-Hers?

The biggest thing is to enjoy the moment, live in the moment - even the bad moments. If you are open to failure, you will learn a lot from those experiences and grow from that learning how to succeed in the future. Never stop learning. Your years in 4-H fly by quicker than you ever expect so don't take a second for granted. Take what you are doing seriously, always striving to make your best better, but never forget to say thank you, congratulate others, and always have a smile on your face.

WSU REGENTS SCHOLARS PROGRAM

The WSU Regents Scholars Program recognizes Washington's best high school students for their hard work and academic accomplishments.

We invite high school educators and administrators to nominate your two most distinguished seniors for the Regents Scholar Program. All eligible nominees will receive a four-year Regents Program scholarship and have the opportunity to compete for a Distinguished Regents Scholar Award.

Students must enroll full-time at the WSU Pullman campus in fall semester 2017 to receive their Regents awards.

Regents Scholar awards cannot be combined with the University Achievement Award (UAA) or National Merit Scholarship award. Distinguished Regents Scholar recipients are also unable to combine the WSU Visitation award with their scholarship.

Questions?

Contact Maja Gillespie, Senior Advisor with WSU Student Financial Services, at sfs.regentsscholars@wsu.edu or 509-335-4883 for more information and assistance.

Spring chicks and ducklings can be a source of Salmonella illness in people

Increasing popularity of raising backyard flocks also gives rise to Salmonella infection outbreaks experienced across the nation. Some of these outbreaks were linked to poultry bought at mail-order hatcheries and feed stores. Many people don't realize that chicks, ducklings, and other young poultry are commonly infected with harmful germs that can make people sick.

Live poultry often carry Salmonella germs in their droppings and on their feathers, feet, and beaks, even when they look healthy and clean. The germs also get on cages, coops and the environment where the birds live and roam. Salmonella illness can be dangerous to the very young, the very old, and those with compromised immune systems. Frequent handwashing is the best way to avoid illness.



Please share the message about Salmonella to poultry owners by handing out our free materials (After you touch a duck or chick, WASH YOUR HANDS, so you don't get sick). The materials are also available in Spanish. To view and order these materials, visit our Salmonella from Chicks and Ducklings webpage.

Resources

- DOH Salmonella from Chicks and Ducklings for posters, flyers, and stickers
www.doh.wa.gov/YouandYourFamily/IllnessandDisease/AnimalTransmittedDiseases/SalmonellafromChicksandDucklings
- CDC Keeping Backyard Poultry www.cdc.gov/Features/SalmonellaPoultry

CLUB NOTES . . .

by Phoebe Bachleda

“My hands to larger service, for my club, my community, my world....”

Why do we encourage our 4-H youth to do community service projects? According to the Tufts study on positive youth development, 4-H youth who participated in community service are four times more likely to give back to their communities as adults.



Our youth need to feel that their lives have meaning and purpose. When our youth do community service they are developing empathy and also connecting to the larger world outside themselves. Community service projects can also help our 4-H members learn how to accept differences and empathize with others. By participating in community service projects, our youth have the opportunity to improve their social skills, increase their self esteem and practice cooperation.

Here are 10 steps that clubs can use to plan a successful community service event. These steps need to be done by the youth themselves with only as much help as is needed from their 4-H leaders.

1. Find out what is needed in your community.
2. Figure out what interests your club members. Find out what talents your members have to share. Consider the ages and abilities of your members. Figure how much time you can give to the project.
3. List all the possible activities that have been suggested.
4. Ask your club to rank the list in order of interest and importance to your community.
5. Choose a Project
6. Develop a plan that includes:
 - overall goal
 - steps to achieve the goal
 - time needed
 - permission
 - equipment and supplies needed
 - knowing what a successful plan will look like
7. Do your project and follow your plan unless you need to change your plan as you go :-)
8. Take pictures, write an article for the Cloverleaf or for your local paper
9. Make adjustments as needed as you work on your project. Talk about what is going well and what changes you might need to make if things aren't going well.
10. Have Fun
11. Celebrate your successes!

Encouraging our 4-H members to do community service helps them know that their actions can make a difference in other's lives and in helping their community be a better place to live. They also learn how to find out what is needed in their communities and improve their cooperation and organizational skills. Research has shown that we feel good when we are able to be of service to others.

Please send us photos and stories written by our 4-H members of your community service projects. I can't wait to hear what 4-H has been doing to help others and improve our communities! **We will be planning a county wide day of service that will fall during National 4-H week next fall during the first full week of October.** If any volunteers or leaders are interested in helping to plan our day of service please contact me, Phoebe Bachleda bachleda@wsu.edu

Sources: Beyond 4-H Community Service... to Community Service Learning by Allan T. Smith PhD; Successful Community service Projects by Keith C Diem, Somerset county NJ; Identifying what 4-H'ers learn from community service learning projects by Jewel E. Hairston, JOE; Benefits of Community Service- National Service Learning Clearinghouse

2017 4-H Teen Leadership Summit

The Teen Leadership Summit Is JUST for you!!!!

This leadership building event is planned and facilitated by the 4-H State Ambassadors. Workshops, activities, speakers, FUN is focused on your needs and wants.

6-10th graders have the opportunity to develop leadership skills including goal setting, meeting facilitation, communication, planning and leading activities, youth/adult partnerships, cultural awareness, time management, and public speaking.

April 1-2

Camp Koinonia, Cle Elum, WA

Cost \$100.00

For information and flyer, go to

<http://extension.wsu.edu/4h/youth/teen-leadership-summit/>



4-H'ers participate in

 5M ANNUALLY SCIENCE PROJECTS	 2.5M ANNUALLY HEALTHY LIVING PROJECTS	 2.5M ANNUALLY CITIZENSHIP PROJECTS
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Kitsap & Jefferson County
will be hosting a joint
Northwest/Southwest District Teen Rally.

We are looking for enthusiastic teens
and adults to help us plan,
organize and facilitate the rally.

We are in the very beginning stages and just
starting to look at locations and dates.

We would love to have teens from around
the state participate and host workshops,
guest talks, etc.

If you are interested please contact
Elisabeth Wilder at
e.williams-wilder@wsu.edu or 360.337.7162



Washington 4-H Scholarships



Each applicant will be considered for all Washington State 4-H Scholarships. These applications must be postmarked by March 15. These scholarships may be used at any institution offering post-secondary education (i.e. Washington State University, other state universities, technical colleges, community colleges, trade schools, etc.).

For information and application go to: <http://extension.wsu.edu/4h/youth/scholarship-opportunities/>

Send application packets to:
Gayle Ashworth
Washington State 4-H Foundation
2606 W Pioneer Puyallup, WA 98371-4998
(253) 445-4570 ashworthg@wsu.edu

4-H Store



Check out the new items in the 4-H Store!!!!

Bumper stickers, plush dogs and aprons are some of the new items.

You can also get popular items such as record book covers, pins, hats and cookie cutters!



Shooting Sports Training New Dates



The dates for the March 3-4, 2017 4-H Archery Instructor Training have **CHANGED!!!**

The new dates will be **Friday, March 24th from 6:30-9:00 PM and Saturday, March 25th from 9:00-5:00 PM.** It will only be archery training this time. ***NO RIFLERY TRAINING!***

RSVP to Vickie at 509-671-2428 or blanchetvickie@newportgriz.com

Training takes place in Pend Orielle County

Okanogan County is hosting the WA State Shooting Sports training for Archery & Rifle disciplines.

April 7, 8 & 9 at the Okanogan County Riverside Shooting Range

This training and certification meets the educational training requirements to serve as the 4-H Shooting Sports volunteer leader in WA state.

Registration & fees must be received by Okanogan Extension office by April 3.

For details, contact Ann Fagerlie at afagerlie@wsu.edu

WANTED

MORE 4-H CLUBS WEST OF I-5

Snohomish County is BIG, and obviously the population is concentrated along the I-5 corridor. While the rates of poverty and crime are higher on the west side of I-5, the vast majority of 4-H clubs are east of I-5.

We commonly gauge poverty levels by looking at the percentage of students in a school district who qualify for free or reduced meals at school. The Mukilteo School District has 5 elementary schools with a free/reduced meal rate higher than sixty percent. The Everett School District has 6 elementary schools with a free/reduced meal rate over sixty-eight percent. All eleven of these schools are west of I-5, and 2 of them have free/reduced meal rates above eighty-five percent.*

That's a lot of kids with very few resources in their lives.

4-H would be a tremendous boon for these youth. In Everett, Mukilteo, and Lynnwood, the number of 4-H clubs west of I-5 can be counted on one hand. There are no 4-H clubs in Edmonds. The need is great.

We aim to address this need! Last year the Whittier Wildcats formed at Whittier Elementary, and this year a new 4-H club is taking shape at the Pineview Community Center, which is a common area for the Pineview neighborhood of the Everett Housing Authority.

It's a good start. Both of these clubs are the result of enthusiastic individuals, who already knew the benefits of 4-H and saw the need in their neighborhoods, stepping up to start a club. Camie and Sherrie each said, "I'll do it," and we guided them through the steps to get certified and enroll club members. They are heroes in their communities.

These two new clubs would benefit from more helpers, and kids in other locations west of I-5 need individuals to say, "I'll do it," and start a club at their school or community center.

If you or someone you know would like to help fill the need, we are ready to connect the dots.

Be part of the solution. Spread the word! Recruit a friend, an alumna, a fan of 4-H. All ideas and referrals are welcome. Just contact us to get started. If you enjoy talking about 4-H, we need your energy at health fairs and other 1-day outreach events to promote 4-H.

425-357-6005 beth.wangen@wsu.edu

Research shows that 4-H kids are

-more motivated to help others
-more likely to make healthy choices
-more likely to go to college

*Data available from the Office of Superintendent of Public Education at reportcard.ospi.k12.wa.us



Community Hosts Sought for WSU Medical Students

By Terren Roloff, WSU Spokane

SPOKANE, Wash. – Hosts in Everett, Vancouver, the Tri-Cities and Spokane are sought to welcome, support and orient Washington State University medical students to their communities during six weeks over a two-year period beginning in September.

While studying for their first two years at WSU Spokane, students will spend six individual weeks in the city where they will be located in their third and fourth years. Individuals and families are sought to help broaden the students' connections and understanding of their communities during those weeks.

Since Spokane students will already have housing, only hosts in Everett, the Tri-Cities and Vancouver will provide housing.

"We look forward to having hosts introduce students to individuals who are actively involved in their communities, as well as provide fun activities for our students," said John Tomkowiak, founding dean of the WSU Elson S. Floyd College of Medicine.

WSU's charter class of 60 students will begin their four-year medical education program in August. Residents of Everett, Spokane, the Tri-Cities and Vancouver are being sought to host during:

Sept, 3-9, 2017
Nov. 26-Dec. 2, 2017
March 25-31, 2018
Aug. 19-25, 2018
Nov. 11-17, 2018
March 24-30, 2019

Hosts will be invited to participate in the college's community nights, to be held on Wednesday each of the weeks at the respective WSU campuses.

For more information, please email community hosting coordinator, Kyle Holbrook at kyle.holbrook@wsu.edu.

CIVICS CONTEST

Civics Contest offers high school students a chance to win cash while learning more about constitutional conflicts that arose during one of the most momentous periods in our nation's history. **"Not to Be Forgotten: Legal Lessons of the Japanese Internment"** is the theme of the 2017 Ninth Circuit Civics Contest, an essay and video competition open to students in grades 9 to 12. The contest is sponsored by the U.W. District Court for Western District of Washington and the Courts and Community Committee of the Judicial Council of the 9th U.S. Circuit Court of Appeals

The deadline for entries is 11:59pm April 16. More info: www.ca9.uscourts.gov/civicscontest

In the News...



The Daily Herald's article from February 10th featured 4-H dog program member, Shahntae Martinez and her dog, Hudson, who headed to New York for the Westminster Kennel Club Dog Show in February.

Read the full article here: <http://www.heraldnet.com/news/everett-dog-owners-hope-for-the-best-at-westminster-show/>

Herald Article by Julie Muhlstein

Shahntae Martinez, a 17-year-old student at Everett's Sequoia High School, with Hudson, her prize-winning Field Spaniel. She competed with her dog at the Westminster Kennel Club Dog Show in New York City. (Photo Courtesy Shahntae Martinez)

VOLUNTEER



EDUCATION

Project Leadership & Helping Your Child to Success in 4-H are offered April 8th

Evergreen State Fairgrounds in Monroe, 4-H Building at Equine-a-Rama

Sign up here: <http://www.signupgenius.com/go/10c0d4caca62fa3f85-4hvolunteer3>

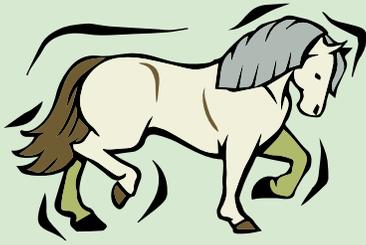
Volunteer Training Classes offered April 15th at WSU Ed Center

We will be offering classes required by many volunteer positions, but ALL are welcome to attend!

- ◆ Working With Youth (for club leaders, project leaders, program leaders)
- ◆ Conflict Management (all of the above, plus Council officers and committee chairs)
- ◆ Delegation (for club leaders, program leaders, Council officers, committee chairs)
- ◆ Conducting Judging Events (for project leaders and program leaders)
- ◆ Record Books (for the Youth Development pin and anyone who wants more info/help)
- ◆ Youth-Adult Partnerships (for program leaders and the Youth Development pin)

Sign up here: <http://www.signupgenius.com/go/10c0d4caca62fa3f85-4hvolunteer4>

2017 State Hippology Contest



Saturday April 22, 2017
Emmanuel Baptist Church
2727 Lake Ave, Snohomish 98290



[Click Here for Registration Forms](#)

\$20/individual
Registration form & Fees are due April 1

Counties are limited to eight senior and intermediate 4-H individual youth contestants. Counties may combine up to four individuals at each level to form a county team. Those participating as a county team must be designated on the entry form. NOTE: Only participants competing as Individuals will participate in the Individual Impromptu phase. Teams will complete Prepared Problem and Team Impromptu only.

Rules & Additional information can be found at <http://4h.wsu.edu/horse/hippology.htm> or contact Kim Lobb at mommelobb@gmail.com or 425-737-7535

2017 State Horse Bowl Contest

May 6

Intermediates
Coach Angie Nebeker

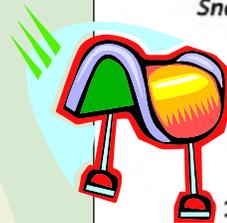
1. Lily Nebeker
2. Sarah Wohlleben
3. Jaeden Kapur
4. Savannah Schmidt
5. Lizzy Magill

Seniors
Coach R-A Mazzola

1. Forest Cook
2. Alyssa Hecht
3. Taylor Coleman
4. Allison Bircher
5. Ava Kimmel

**Congratulations to
all team members!!!**

We know you will make us proud
at the state contest!



Snohomish County 4-H Horse Program Annual

TACK SALE

SATURDAY March 4th, 2017

10 a.m. to 3 p.m.

Evergreen State Fairgrounds

14405-179th Ave S.E., Monroe, WA 98272

Event Center building #604 & 4-H Building #501

Enter the Fairgrounds from Hwy 2 onto Cascade View Drive, by the Monroe Co-op

ACCEPTING CONSIGNMENTS

Wednesday	March 1st	4 p.m. - 9 p.m.
Thursday	March 2nd	9 a.m. - 9 p.m.
Friday	March 3rd	9 a.m. - 6 p.m.

All items must be equine-related & in clean, saleable condition

**Appointments available for those with 50 or more items to consign:
call, text or email Bonnie Davis 360-348-2020 4HTackSale@gmail.com**

UNSOLD ITEM PICK UP

Sunday, March 5th 11 a.m. - 2 p.m.

- * Streamlined checkout
- * Free fairgrounds parking
- * Huge saddle selection
- * Separate clothing building
- * An annual event since 1979
- * Credit cards accepted
- * Thousands of new and used equine related items for sale
- * Proceeds benefit Snohomish County 4-H Horse Program

Please note: no animals, strollers, beverages, backpacks, or food are allowed in the buildings

Consignments and Unsold Item pick up is at the
Evergreen State Fairgrounds



March 24-25, 2017

WSU HORSE COURSE

A Full Day of Equine Science!!

Pick from one of two schedules for the day - core or advanced.
Schedules available by visiting:

<http://wsuhorsecourse.weebly.com/schedule.html>

Trip Details:

- Must be currently enrolled Intermediate or Senior
- **\$105 per member** includes transportation, hotel, registration, breakfast and lunch Saturday
- Deposit of \$55 required with registration by 3/2 Balance due by 3/10. Limited to first 50 registrations received.
- Grants MAY be available. Applications are due by 3/2
- Friday and Saturday night dinner are out of pocket expenses - plan approximately \$8-\$10/meal
- Parents may attend for additional cost

Friday, March 24

10:30am - Check-in at Extension. Bring sack lunch & snack
11:00am - Bus departs from Extension to Pullman
5:30pm - Dinner and WSU Admissions presentation

Saturday, March 25

8:00am to 5:00pm - WSU Horse Course
5:00pm - Veterinary Hospital and Campout Tours
Midnight (appx) - Pick up at Extension Park & Ride

Questions???

Contact Kim Lobb at mommalobb@gmail.com
or 425-737-7535

[Click Here for Flyer & Registration Forms](#)



Courses Include:

Assessing Health

Dentistry

Anatomy

Parasites

Diagnostics

Lameness

First Aid

Nutrition

Toxic Plants

Bandaging

Senior Horses

Space is Limited!!

Register Today!

\$105

Grants MAY be available.



Small Animal Show

March 11th



at the Evergreen State Fairgrounds



Rabbits, Cavies, Poultry & Cats

See registration forms for
check in and show times for each project.



CAT registraion

RABBIT registraion

CAVY registraion

Scroll to bottom of the page to access registration forms

Springtime Youth Calf Sale

The sale will be held on **Saturday, March 18 at the Evergreen State Fairgrounds** in Monroe at 1:00pm. There will be quality registered dairy heifers of all breeds ages Sept or Dec 2016 being offered for sale to youth only between the ages of 9-18 yrs enrolled in a dairy project with 4-H or FFA.

Details and forms: <http://extension.wsu.edu/4h/dairy-endowment-fund/program-activities/springtime-youth-calf-sale/>

Beef and Sheep/Goat Field Days in March

Beef Field Day: March 11, 2017, 8:00am-3:00pm. Cost is \$7 and includes lunch and materials. Registration is limited to 100 participants and is due by March 6th.

Topics of discussion include: Health Care; Selection, Nutrition and Feeding of the Project Animal; Taste Test Panel; Livestock Judging; Quality Animal Care; the Stocker-Feed Project, fitting and showing demonstration and much more.

Goat/Sheep Field Day: March 25, 2017, 8:00am-3:00 pm. Cost is \$7 and includes lunch and materials. Registration is limited to 100 participants and is due by March 20th.

Topics for the sheep track will include: health care; quality assurance, feeding & nutrition, and selection of the project animals. Goat topics will include: health care; body conditioning scoring; quality assurance; and options within the goat project. Fitting and Showing workshops will be available for both tracks.

Hosted by WSU Extension in Asotin and Whitman Counties in partnership with University of Idaho/Nez Perce County extension.

For more information please visit: <http://extension.wsu.edu/whitman>

ENROLLMENT DEADLINE



Remember to get enrolled in 4HOnline before March 31st if you are participating in 4-H and plan to enter in fair. Both youth members and adult volunteers need to be enrolled to be included on the fair rosters and to be eligible for discounted fair passes. Club Leaders, please log into 4HOnline to check your club roster to confirm that all active members & volunteers are enrolled.

Management Fees of \$10/youth are due to your primary club.
Club leaders must submit 1 check for management fees before March 31st.

[New Families Help Guide](#)

[Returning Families Help Guide](#)

2017 Member and Volunteer Jacket Applications

The application forms and scoresheets for 2017 are posted on the [WSU website](#).

NOTE:: only the 2017 forms will be valid - old forms will not be judged.

Application deadline is July 1, 2017

We are looking for volunteers to judge jacket applications. Judging is held at the extension office - no experience needed - we will train new judges.

Judges are needed during the following times:

Wednesday, July 5th from 10:00 am and 7:00 pm (interviews are between 3:00 p.m. to 7:00 p.m.)
Thursday, July 6 from 10:00 p.m. to 3:00 p.m.

For more info please contact Marty Sullivan at sullivan87@frontier.com or 425-788-1158.

Please promote the 4-H jacket application process with your members.



Carpe Diem

We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.

~Frederick Neonig

4-H Club & Program Highlights

TEAM THUNDERWORKS COMPETE IN FIRST LEGO LEAGUE



Team Thunderworks competed in the **North Puget Sound semi-finals January 21** at Amazon headquarters in Seattle. They were one of 30 teams who competed that day and were evaluated in the areas of Project work, Robot Design and Teamwork. Oh, and they competed on the course as well. The project for Thunderworks was a team presentation, something all 4-H'rs are really good at, on the Thick Billed Parrot. Each year, First Lego League promotes a different

theme for the competition, and this year's them was "Animal Allies". Each team had to pick a topic about the animal kingdom and present the solution to a problem in that space. For Thunderworks, the situation was the rapid disappearance of the Thick Billed Parrot's habitat. The solutions proposed ranged from radio locators for the birds to specific no development zones for their habitat.

In order to get here, the team had to place in the top half of the North Sound regional competition held December 4 at Glacier Peak High School in Snohomish, Washington. The event layout was the same, except the team had to compete against 33 other teams for the privilege of attending semi-finals. The members of Team Thunderworks come from two 4-H clubs in Snohomish County: Esprit de Corps and Byte by Byte.

4-H participation in First Lego League is a strategic partnership between FIRST Robotics and the National 4-H Council. Recognized around the world for the promotion of Science Technology Engineering and Math, FIRST's mission and 4-H are a natural fit for the enablement of Snohomish County youth to explore their potential. Held annually, the First Lego League competition runs from August 30 through January. Interested in joining next year's event? Please contact me at Kenneth.swope@gmail.com. The Technology Program will be holding robotics workshops in the summer months to teach fundamentals of Lego Robotics.

Check out more photos of the event at
<https://www.flickr.com/photos/firstwamediacrew/sets/72157676009683333>



Senior Center Review

Bark-n-Time 4-H club held a community service event at the Cascade Valley Senior Living with our dogs. We introduced our dogs! The members told their dog's name, age, breed, and any tricks they could do. I think everyone was happy... The Cascade Valley Senior Living Center residents loved the dogs! Overall, I think everyone had a fun night!

Submitted by: Sophia Briones, Club Reporter



EXTENSION



Livestock Guardian Dogs

Are they the right predator control for my farm?

What is a Livestock Guardian Dog (LGD)? How do they differ from other dog breeds? Do they make good family pets? What do they eat? How do you train them? How effective are they at predator control?

Learn the answers to these and many other questions during the upcoming workshop, Livestock Guardian Dogs with Laura Faley of Hidden Meadow Ranch. Workshop takes place Saturday, March 25, 2016 from 1:00pm to 4:00pm at the Qualco Energy Conference Room, 18117 203rd St. SE Monroe (just off SR 203).

During the workshop, topics covered will include:

- Bonding to stock vs quasi pet
- Zoning and barking ordinances vs “Right to Farm”
- Rescues and the challenges of mixed breed LGDs
- Fencing, space, and location choices
- Training and how LGDs respond to typical training methods
- Setting puppies up for success
- Neutering vs life with an intact dog
- Breeds and breeders

Our instructor, Laura Faley, is a Livestock Advisor for Skagit, Island, and Snohomish counties. Hidden Meadow Ranch is her working farm near Mount Vernon, where she raises chickens, turkeys, ducks, and sheep using LGDs for predator control. She began working with LGDs six years ago, and now has four dogs protecting her livestock.

Space is limited and pre-paid registration is required. Cost is \$25 per farm (up to two) or \$15 per person. Register online at LGD.eventbrite.com or download the form at snohomish.wsu.edu/event/LGD and mail with your check. For more information, contact Kate Ryan, kate.ryan@wsu.edu, (425) 357-6024.



All classes in the series are from 7:00pm - 9:30pm at the WSU Ed Center

Mar 1 - Growing Tree Fruit: Learn the basics of tree fruit production including variety and rootstock selection, nutrient management and basic care. Receive a copy of the *"Fruit Handbook for Western Washington"*

Mar 22 - Seed Starting & Raising Transplants: Save Money and raise the varieties that do best in our area. Learn proper seeding, raising & transplanting techniques with Kate Ryan.

Mar 29 - Good Bugs, Bad Bugs, & Pollinators: Did you know that less than 1% of insect species in the world are so-called "bad bugs"? Learn who's who and how to attract the good guys with Dave Pehling & Diane Decker-Ihle.

EXTENSION NEWS cont.

Ties to the Land Succession Planning

Learn how to guide the discussion to keep your family farm or forestland intact

Do you own or care for farm or forest land? Do you know what will happen to it when you're gone? Will it be intact and protected, or will it be divided up and sold off in pieces? Will it become a point of conflict between surviving family members or a shared and honored family sanctuary? Many landowners want to preserve their family lands and associated businesses, but don't know how to engage the next generation(s) in the process.

Join us Wednesday, March 15 and Tuesday, March 21, 2017 from 5:00pm to 9:00pm both nights for a two-part succession planning workshop. The focus is on helping landowners large and small start their own succession plan discussion using the award-winning Ties to the Land curriculum. Dinner will be provided both evenings. Location is WSU Snohomish County Extension's Cougar Auditorium, 600 128th St SE Everett, WA.

Succession planning, often called the "human side of estate planning," is quite different and considered a precursor to a traditional estate plan. The focus is on communication and big-picture planning within families with an eye to keeping a family property and/or business intact for future generations. Building awareness of the different things motivating family members and providing tools to address challenges in a positive way is core to the entire workshop.

Past participant and local landowner Don Theoe stressed the importance of the Ties to the Land workshop. "Talking about these tough issues as a family is critical, especially when multiple heirs with varying levels of interest in the family business are involved," says Don. "The Ties to the Land workshop and associated materials provide excellent guidance on how to get these conversations going."

Whether retirement is decades down the road or just over the horizon, if you don't have a solid succession plan in place, and you care what happens to your farm or forest land, we encourage you to attend this workshop. You'll learn what can happen when there is no plan in place and gain the skills and tools necessary to prevent that from happening to your legacy.

Guest speakers include real estate Attorney Dylan LeValley from Adams & Duncan Lawyers in Everett and Michelle VanDellen, CPA and Senior Manager from Moss Adams LLP.



Don't Drip & Drive

www.fixcarleaks.org

Learn about basic car maintenance to save money & increase safety

Mar 4 - Cascade HS
Mar 8 - Marysville Pilchuck HS
Mar 11 - Sno Isle Tech
Mar 18 - Cascade HS
Mar 25 - Marysville Pilchuck HS



Snohomish County



WASHINGTON STATE UNIVERSITY
EXTENSION



Snohomish County

Snohomish County 4-H
WSU Extension Office at McCollum Park
600 128th St SE - Everett, WA 98208
425-357-6044

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