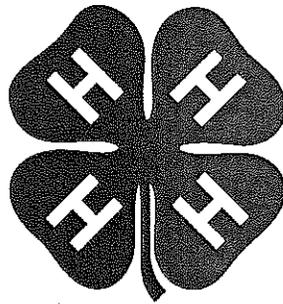


4-H HORSE MEMBER ADVANCEMENT CHECKLIST



By

Jerry A. Newman
John Fouts
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Personal Development Skills

- Write a news story for a local paper.
- Participate in a radio or television program.
- Invite a speaker to your club.
- Present a demonstration or illustrated talk to your club or project group.
- Present a demonstration or illustrated talk to a group other than your 4-H group.
- Host a 4-H meeting. See that everyone is welcomed and made comfortable.
- Prepare a display (pictures, clippings, objects) that can be educational or helpful in emphasizing clean air, land, or water; conserving natural resources; conserving energy; or practicing safety.
- Participate in a horse judging or identification contest.
- Attend a 4-H camp.
- Attend a county or state workshop.
- Attend a 4-H Teen Conference or Teen Forum.
- Develop and exhibit a science display related to horses.
- Explore a career associated with horses and report on that career to your project group or community club.
- Secure a speaker to talk at one of your project meetings.
- Plan a fun activity for your club or project group that is separate from a regular meeting.
- Be an apprentice judge at a 4-H horse show and give oral reasons.
- Counsel younger 4-H members.
- Participate in a Horse Bowl or groom squad.
- Develop your own personal development skill with your leader's approval.

Leadership Skills

- Participate in a community service project.
- Participate in a fund-raising activity.
- Be a teen leader.
- Plan a field trip or camp-out.
- Be a camp counselor.
- Help organize a community service project.
- Identify a public need.
- Participate in an exchange program.
- Make arrangements for a field day or tour for your club or county.
- Be a clerk, show chairperson, or apprentice judge at a 4-H show.
- Recruit three or more new horse members for your club.
- Help conduct a horse show.
- Help organize and conduct an educational tour or demonstration.
- Help organize and conduct a field day or judging event.
- Help a leader work with a younger member.
- Help organize and conduct a trail ride.
- Help organize a Horse Bowl.
- Help organize a Horse Skillathon.
- Organize and conduct a 4-H judging contest.
- Develop a leadership skill of your own with the approval of your leader.

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP I

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Learn the 4-H Pledge and Motto.	_____	_____
2. Describe the meanings of the 4-H clover symbol and the colors, green and white.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely approach and halter your horse/pony.	_____	_____
4. Demonstrate how to safely tie your horse, using a quick release knot.	_____	_____
5. Demonstrate how to safely move around your horse/pony.	_____	_____
<u>Selecting and Judging</u>		
6. Identify and describe the breed or breed type of your horse/pony.	_____	_____
7. Identify and describe the color and markings of your horse/pony.	_____	_____
<u>Handling and Riding</u>		
8. Identify and describe the grooming tools in a grooming kit.	_____	_____
9. Demonstrate the use of your grooming kit.	_____	_____
<u>Personal Development</u>		
10. _____ (Refer to the personal development list.)	_____	_____
<u>Leadership</u>		
11. _____ (Refer to the leadership list.)	_____	_____

STEP I completed: _____
Approved By
Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP II

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Review the 4-H Record Book with your leader and parent.	_____	_____
2. Identify one goal for your 4-H Horse Project and write it in your Record Book.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely pick up and clean the front hooves of your horse/pony.	_____	_____
4. Demonstrate how to tie a bowline knot and describe when to use it.	_____	_____
<u>Selecting and Judging</u>		
5. Name six light horse breeds.	_____	_____
6. Name and describe six standard colors of horses.	_____	_____
<u>Handling and Riding</u>		
7. Explain and demonstrate how to hold the leadline.	_____	_____
8. Demonstrate how to lead your horse at the walk, the trot, and turn around.	_____	_____
<u>Personal Development</u>		
9. _____	_____	_____
<u>Leadership</u>		
10. _____	_____	_____

STEP II completed: _____

Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP III

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Lead the Pledge of Allegiance and 4-H Pledge at a 4-H meeting.	_____	_____
2. Lead a game or song at a 4-H meeting.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely pick up and clean the rear hooves of your horse/pony.	_____	_____
4. Demonstrate three safety precautions to take when handling your horse.	_____	_____
<u>Selecting and Judging</u>		
5. Name and describe three or more facial markings of a horse.	_____	_____
6. Name and describe three or more leg markings of a horse.	_____	_____
<u>Handling and Riding</u>		
7. Locate and name the parts of the saddle.	_____	_____
8. Locate and name the parts of the bridle.	_____	_____
9. Describe and/or demonstrate how to saddle a horse/pony.	_____	_____
10. Describe and/or demonstrate how to bridle a horse/pony.	_____	_____
<u>Personal Development</u>		
11. _____	_____	_____
<u>Leadership</u>		
12. _____	_____	_____

STEP III completed: _____
Approved By Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IV

SKILLS	Date Passed	Approved By
<u>4-H Knowledge</u>		
1. Read the 4-H newsletter.	_____	_____
2. Attend or participate in a 4-H event beyond your own club.	_____	_____
<u>Safety</u>		
3. Demonstrate how to safely bathe your horse/pony.	_____	_____
4. Demonstrate/describe how to safely clip your horse/pony.	_____	_____
<u>Selecting/Judging</u>		
5. Name and locate the parts of a horse.	_____	_____
6. Spell and define the following horse terms: filly, colt, mare, gelding, stallion, sire, dam, conformation, equitation, hand, weanling, and yearling.	_____	_____
<u>Riding and Handling</u>		
7. Demonstrate/describe how to mount and dismount.	_____	_____
8. Demonstrate/describe how to walk and jog or trot your horse/pony in two directions.	_____	_____
9. Demonstrate/describe how to stop your horse/pony.	_____	_____
<u>Feeds and Feeding</u>		
10. Describe what you are feeding your horse and why you are using that particular feed.	_____	_____
11. Use an equine weigh tape or formula to estimate the weight and height of a horse.	_____	_____
12. Weigh and record your horse's feed for one day.	_____	_____
<u>Health Practices</u>		
13. Describe five characteristic of a healthy horse.	_____	_____
<u>Personal Development</u>		
14. _____	_____	_____
<u>Leadership</u>		
15. _____	_____	_____
STEP IV completed: _____		
Approved By	Date	

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP V

SKILLS	Date Passed	Approved By
<u>Safety</u>		
1. Describe the horse's monocular and binocular vision.	_____	_____
2. Describe three things a horse does when it is afraid.	_____	_____
3. Describe the horse's natural defense.	_____	_____
4. Demonstrate and describe how to clean and care for your tack.	_____	_____
<u>Selecting and Judging</u>		
5. Identify and explain the function of two types of bits.	_____	_____
<u>Riding and Handling</u>		
6. Demonstrate, on a horse under control, a method used to stop a run-away horse.	_____	_____
7. Demonstrate/describe how to lope or canter your horse/pony.	_____	_____
8. Demonstrate and/or describe the use of natural aids and artificial aids.	_____	_____
<u>Feeds and Feeding</u>		
9. Describe the similarities and differences in feeding a stalled horse versus a pastured horse.	_____	_____
10. Identify two or more kinds of hay and describe their characteristics.	_____	_____
11. Identify three or more kinds of grains and describe their characteristics.	_____	_____
<u>Health Practices</u>		
12. Describe/demonstrate how to treat minor wounds of a horse.	_____	_____
13. List at least six items you should have in a first aid kit and describe their use.	_____	_____
14. Explain how to recognize and treat colic, founder, and laminitis.	_____	_____
<u>Personal Development</u>		
15. Present a demonstration at the club or county level.	_____	_____
16. _____	_____	_____
<u>Leadership</u>		
17. Be a big sister or big brother to a younger 4-H member.	_____	_____
18. _____	_____	_____

STEP V completed: _____
Approved By Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VI

SKILLS	Date Passed	Approved By
<u>Safety</u>		
1. Complete the saddling and bridling safety inspection.	_____	_____
2. Demonstrate how to safely load and unload your horse/pony.	_____	_____
<u>Selecting and Judging</u>		
3. Describe two good and two bad qualities of your horse/pony.	_____	_____
4. Spell, define, and locate the following unsoundnesses: ringbone, curb, thoroughpin, splint, sidebone, hernia.	_____	_____
5. Place a group of four horses in terms of the breed ideal from the best or most ideal to the least ideal horse.	_____	_____
<u>Riding and Handling</u>		
6. Execute or describe circling, serpentine, and diagonals.	_____	_____
7. Demonstrate and describe a turn on the haunches.	_____	_____
8. Demonstrate and describe how to set up your horse for a fitting and showing class.	_____	_____
9. Demonstrate/describe/explain the quartering system for showing in a fitting and showing class.	_____	_____
<u>Feeds and Feeding</u>		
10. Explain the amount and quality of water that a horse needs under normal conditions.	_____	_____
11. Explain how and when you should feed and water a horse when the horse is hot.	_____	_____
12. Explain how to evaluate the condition of your horse. Explain how to determine when, how much, and what type of supplemental feed is needed.	_____	_____
13. Explain the conditions and amounts of feeds and/or additives that should be fed to the riding horse.	_____	_____
<u>Health Practices</u>		
14. Identify and describe three internal and three external parasites of horses.	_____	_____
15. List the type of vaccinations needed to protect the horse from disease.	_____	_____
16. Discuss with a veterinarian how often and when the vaccinations should be given.	_____	_____
<u>Careers</u>		
17. List and describe three careers in the horse industry that interest you.	_____	_____
<u>Personal Development</u>		
18. Participate in a judging contest.	_____	_____
19. _____	_____	_____
<u>Leadership</u>		
20. _____	_____	_____
21. _____	_____	_____

STEP VI completed: _____ Approved By _____ Date _____

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VII

SKILLS	Date Passed	Approved By
<u>Safety</u>		
1. Conduct a safety inspection of your barn, corral, stall, pasture, and fencing.	_____	_____
2. Conduct a safety inspection of your truck and trailer.	_____	_____
<u>Selecting and Judging</u>		
3. Define and explain the following judging terms: balance, smoothness, blending of parts, correctness, slope, straightness, forequarter, barrel, and rearquarter.	_____	_____
4. Describe the characteristics, origin, and use of the following breeds of light horses: Thoroughbred, Standardbred, Quarter Horse, Arabian, and Morgan.	_____	_____
5. Describe the breed characteristics of your horse.	_____	_____
6. Draw, identify, and label the teeth in the horse's mouth.	_____	_____
<u>Riding and Handling</u>		
7. Demonstrate and describe the correct equitation position for your style of riding.	_____	_____
8. Demonstrate and describe show ring procedures, safety, and etiquette.	_____	_____
9. Enter a fitting and showing class at a local show.	_____	_____
10. Enter an equitation class at a local show.	_____	_____
<u>Feeds and Feeding</u>		
11. Identify/label the parts of the horse's digestive system.	_____	_____
12. Identify and define the terms roughage and concentrates.	_____	_____
13. Describe the differences between ruminant (cow) and nonruminant (horse).	_____	_____
14. Draw and describe the digestive system of a horse and a cow.	_____	_____
<u>Health Practices</u>		
15. Describe the correct daily feeding and exercise schedule for your horse.	_____	_____
16. Describe methods to prevent internal and external parasite infestation in your horse.	_____	_____
<u>Careers</u>		
17. Interview professionals employed in three careers that interest you.	_____	_____
<u>Personal Development</u>		
18. Participate in a judging contest and give oral reasons.	_____	_____
19. _____	_____	_____
<u>Leadership</u>		
20. Be a committee chair or an officer in your 4-H club.	_____	_____
21. _____	_____	_____

STEP VII completed: _____
Approved By Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP VIII

SKILLS	Date Passed	Approved By
<u>Management</u>		
1. List and describe three safe and appropriate types of horse fences.	_____	_____
2. Define the terms overgrazing, rotational grazing, and sacrifice or holding area.	_____	_____
3. Explain the basic equipment and facility needs of your horse.	_____	_____
<u>Selecting and Judging</u>		
4. Identify/label and explain the function of the parts of the hoof.	_____	_____
5. Identify four ways of traveling faults (padding, forging, striking, and interfering).	_____	_____
6. Describe what to look for when identifying lameness in a horse.	_____	_____
7. Determine age of the horse by using the teeth as a guide.	_____	_____
<u>Riding and Handling</u>		
8. Demonstrate figure-eights with simple lead changes.	_____	_____
9. Demonstrate backing at least four steps.	_____	_____
10. Demonstrate side passing in each direction.	_____	_____
<u>Feeds and Feeding</u>		
11. Identify the three nutrients that provide energy for the horse.	_____	_____
12. Identify feeds that provide high levels of fats, carbohydrates, and proteins.	_____	_____
<u>Health Practices</u>		
13. Describe under what conditions to bandage a horse leg injury.	_____	_____
14. Demonstrate cannon bone, pastern-fetlock, and hock/knee wraps.	_____	_____
15. Identify locations on the horse for intra-muscular injections.	_____	_____
16. Demonstrate the correct method/technique for administering intra-muscular injections.	_____	_____
<u>Careers</u>		
17. Write to a community college, vocational school, college, or university that provides training in the careers that interest you.	_____	_____
<u>Personal Development</u>		
18. Complete a basic first aid training class or course for human beings.	_____	_____
19. _____	_____	_____
<u>Leadership</u>		
20. Assist in organizing a 4-H event at the county level.	_____	_____
21. _____	_____	_____

STEP VIII completed: _____
Approved Date

4-H HORSE MEMBER ADVANCEMENT CHECKLIST

STEP IX

SKILLS	Date Passed	Approved By
<u>Management</u>		
1. Demonstrate and describe appropriate manure disposal and utilization methods.	_____	_____
2. Describe an appropriate annual shoeing/trimming schedule for your horse.	_____	_____
3. Become familiar with and describe what to look for in a correct shoeing/trimming job.	_____	_____
4. Identify appropriate pasture plant species (grasses and legumes) for horses.	_____	_____
5. Identify poisonous and nonpoisonous weeds prevalent in your area.	_____	_____
<u>Selecting and Judging</u>		
6. Describe specific characteristics desirable when selecting a broodmare.	_____	_____
7. Judge a class of mares using the pairing technique and give oral reasons on the class.	_____	_____
<u>Riding and Handling</u>		
8. Demonstrate how to longe or drive a horse.	_____	_____
9. Describe and demonstrate collecting your horse.	_____	_____
10. Describe the criteria used to select and purchase tack (saddles, bridles, blankets, etc.).	_____	_____
11. Demonstrate forehand and rearhand pivots in both directions.	_____	_____
12. Demonstrate riding your horse over ground obstacles.	_____	_____
<u>Feeds and Feeding</u>		
13. Show and describe visual characteristics used when selecting quality hay.	_____	_____
14. Rank and describe the energy levels of at least four different types of grain.	_____	_____
15. Describe four different methods of processing feeds for horses.	_____	_____
SKILLS		
<u>Health Practices</u>		
16. Demonstrate how you would take your horse's temperature, pulse and respiration.	_____	_____
17. Using a microscope, examine a fecal sample for parasites.	_____	_____
18. Define and describe identification, care and treatment of girth gall, stone bruise, sand crack, bowed tendon, wind puff, and splints.	_____	_____
19. Describe proper care of a horse's teeth and problems associated with horses of various ages.	_____	_____
<u>Careers</u>		
20. Using the information you have found on careers, select one or two and spend a day with a person employed in that career.	_____	_____
<u>Personal Development</u>		
21. _____	_____	_____
22. _____	_____	_____
<u>Leadership</u>		
23. Clerk, steward, or actively participate in the management of any organized horse activity.	_____	_____
STEP IX completed: _____	Approved By	Date



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