

4-H MONTHLY UPDATE



August 2022 newsletter brought to you by WSU Grant County 4-H

Greetings,

The August full moon will rise on Thursday the 11th. This year it is considered a super moon because it is slightly closer to the earth than usual. It will also coincide with another exciting celestial event—the Perseids meteor showers. These occur every year at varying dates but the super moon's light will block some of the quality viewing that we have seen in years past. Even with the extra light this year, if you have never seen these showers, make a point to head outside late at night and watch the show. It truly is a wonder.

As we close out July and look towards August, the county fair is very much on peoples' minds. This newsletter has many points of interest and provides some things to consider leading up to and during the fair. There are several topics that can be used to launch good healthy discussions and conversations. We also have many areas calling for volunteers, please consider helping where you can.

I wish you a safe, happy and productive August.

Carolyn

Point to Remember

Please remember that we as participants in the 4-H program are invited to the fair as guests. Our behavior, conduct and cooperation ensure our being invited back in future years. Being able to go to the fair as an exhibitor is a privilege, not an automatic right of enrolling in the program. The fair is the space where we showcase our projects and share what we have learned during our project year. Similar to our projects, we are on display as well and need to be good representatives of the 4-H Program. Please remember this when you consider your interactions with one another, the language you choose to use and the clothing you choose to wear.

The 4-H program is the nation's largest youth development program and has a focus on the four essential elements—belonging, independence, generosity and mastery (remember "BIG-M"). Each 4-H project, whether it be a sewing experience, a public presentation or a market animal project, is merely the vehicle in which youth learn to develop their character and grow in life skills. Youth development is the primary focus of the 4-H program. Our caring adult volunteers model good sportsmanship, positive behavior and supportive language as they foster an enriching learning environment. As we prepare for the fair in the coming weeks, please have the conversation with your 4-H members, parents, families and volunteers to remind them of the importance of modeling good behavior, generosity, patience, kindness and ways to support a positive learning experience.

Leader Council Meeting

MONDAY AUGUST 1st at 7 pm (Hybrid: zoom and at the Extension Office)

Join from PC, Mac, Linux, iOS, or Android: <https://wsu.zoom.us/j/97252564505>

Phone Call (long distance) +1(253)215-8782, 97252564505#

Help Needed

4-H Help needed at the green gate (near rodeo grounds) to help trailers check in on Monday August 15th from 1-3 pm. Please call the Extension Office if you are able to volunteer, (509) 754-2011 ext. 4301.

4-H international Exchange Program

The Inbound Delegates arrived from Japan last weekend and are staying with families in seven different counties. They will be here until August 15th. We are still seeking homes for High School students from Japan and South Korea for the school year. If you are interested in hosting please call the extension office.

- Seongyeong has a 3.8 GPA and is 15. She comes from South Korea and enjoys piano, science club, hiking, music, martial arts and cooking. She wants to try volunteering, American food and becoming more independent. She would like experience American traditions like Christmas and Thanksgiving. She wants to be a psychologist someday so she can help people. Her teachers describe her as warm-hearted and generous.
- Miyu is 15 and comes from Japan. She likes music, fashion, tennis, karaoke, travel and shopping. She wants to try macaroni and cheese, American tennis and making new friends. She is mature and conscientious and is often chosen as a class leader at school. Her teachers say she has a good sense of humor, is friendly, flexible and motivated.
- Mayu comes from Japan and is 18. She enjoys art, fashion, sports, animals, soccer, crafts and soccer. She wants to try school lunches, making art projects and making new friends. She enjoys making jewelry and volunteers teaching soccer to younger children. She is described as cooperative, adaptable, sincere and caring. She would like to live with a family with many animals.
- Taisei is 16 and comes from Japan. He enjoys track & field, skiing, camping, music, sports and movies. He wants to join the track team and try family activities with the host family. He studies hard and is good natured. His teachers describe him as honest, mature, hard working and positive.
- Takumi is 16 and enjoys snowboarding, badminton, bowling, music, sports and history. He wants to experience American holidays and school events like homecoming and exploring nature. He is friendly, quick to smile and gets along with all ages. Teachers say he is gentle, responsible, eager to contribute, curious and outgoing.

Youth Mental Health First Aid



Trainings for adults working with youth.

Suicide cases are rising. Come learn the signs and plans of action to prevent tragedy.

Next training is August 9th starting at 9:30 am and ending at 3:30 pm

Contact the Stephanie Roeter Smith (stephanie.roeter@wsu.edu) for more information.

Soil Your Undies



Some of our 4-Hers have taken the Soil Your Undies Challenge. Please come to the 4-H building during the fair to see what they have learned. If you were a participant, you can bring your exhumed underwear to the extension office the week before the fair so they can be put into the display.

Educational Posters

Thank you for submitting your educational posters. They can be picked up Monday of Fair week in the 4-H Building and then displayed by your animal pens/stalls. They will be sorted by species.



Animal Check-In for the Fair

Make sure to bring completed paper health records with you. These forms can be found at <https://extension.wsu.edu/grant/youth/4h/forms/> under Livestock Health Records.

Herdsmanship

Herdsmanship at the fair will be from 11 am to 6 pm Tuesday through Saturday.

This is to better reflect the hours the buildings are open to the public (11 am-9 pm). Please remember the fair is a place to showcase your project to the public. Make sure to have a good attitude, be dressed accordingly (no open toe shoes/flip flops) and able to answer questions the public might have.

Animal Challenge

The Animal Challenge is back again this year. Come to the 4-H Building on Thursday and Friday to test your knowledge and earn prizes. Top scores in each species and an overall cumulative score will be recognized with prizes. Make sure to check in each day.

4-H Fair Help Needed

We are looking for help in the following capacities before, during and after the fair. If you are able to help in any way, please contact Ana at the office 754-2011 x4313.

- Decorating the 4-H building
- Represent 4-H by working the green gate (near the Rodeo arena) directing traffic from 1-3 pm Monday for livestock entries. Grange and FFA have agreed to take the later shifts.
- Assist in helping check in still life items at the 4-H building Monday from 3-8 pm.
- Be present in the 4-H building during the fair from 3-9 pm (Tuesday-Saturday). We are looking for adults and youth to sit in the building to answer questions and represent the 4-H Program
- Assist with still life entry release Sunday August 21st 8 am-2 pm
- Help take down decorations Sunday August 21st from 8 am-2 pm
- Help put exhibit display stands away Monday August 23rd

4-Hers “Learn By Doing”



Sometimes this process can be difficult to watch as an adult. Please remember if you are a leader, a parent or volunteer, kids need to do their own work at the fair. This includes cleaning pens or stalls and grooming animals.

Adults are there to support youth and offer positive verbal assistance (and of course step in if there is a serious safety issue) in appropriate spaces. Please remember that the show ring is the ultimate exhibition area and adults or other well-meaning club members should never offer verbal coaching to an exhibitor in the show ring.

Preparing Youth for the Sale of Their Market Livestock Project

This is a great resource for families and clubs to have discussions surrounding terminal market projects. <https://pubs.extension.wsu.edu/preparing-youth-for-the-sale-of-their-market-livestock-project>

Thinking About How You Dress

Remember when you are at the fair you are representing the 4-H program.

Clothing choices should be in good taste, clean and in good repair, not be a safety hazard and not detract from the educational environment or purpose of the 4-H program. Please use this opportunity to have a discussion on appropriate apparel for 4-H exhibitors, leaders and volunteers.

State Equine Presentations

The State Equine Presentations will be held virtually this year on Sunday September 11th from 10 am to 5 pm.

A Thought About Gratitude and Kindness



Although the fair is a public event, there is a lot of work that goes into putting it on. There are people who work year round ensuring the grounds are maintained and there are many volunteers who give of their time to ensure that this community event happens. In addition to thanking these workers and helpers, remember actions really do speak louder than words. Words of gratitude can be spoken verbally but can also be conveyed by action. A pleasant attitude and patience can go a long way when you are waiting to have questions answered. Keeping your barn and community species areas tidy is also of great help to everyone. If you have a spare hour or two, ask someone if they could use some help.

For those preparing to sell an animal at the livestock auction, now is a good time to prepare a thank you note and small gift of appreciation. Acknowledging someone's effort—whether it be an act of kindness or generosity—goes a long way.

Educational Posters Going to the Othello Fair

Posters going to the Othello fair can be left in a designated area at the 4-H building on Sunday August 21st.

National 4-H Week

We are celebrating National 4-H Week from October 2nd through the 8th, 2022!



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Fairgrounds Community Cleanup Day

Saturday July 30th at 8 am is a great opportunity for community service!

A Note About Youth Safety

The 4-H program (which is administered by Washington State University Extension) places safety as a primary concern. Safe environments allow for better educational experiences. Our 4-H volunteers have background screenings and required trainings to help ensure the safety of our youth members and the integrity of the program, however, we cannot screen nor monitor every adult who may attend a public event such as the fair. Parents and 4-H leaders please supervise youth, especially in these very public spaces. Have conversations with them about safety and proper behavior. Remind them to stay in groups, inform an adult where they will be, never be alone with a stranger and if they are observing uncomfortable behavior, to say something to a parent or leader. Talking about this kind of safety is a good way to be proactive and let young people know you care about them.

Dates of Note:

July 29—Educational Posters and Record Books Due to the Extension Office

July 30—Grant County Fairgrounds clean-up day 9 am

August 1—Leaders Council Meeting, Hybrid (Zoom/Extension Office) 7 pm

August 16-20—Grant County Fair



4-H Grant County
grant.4h@wsu.edu
1525 E Wheeler Road
Moses Lake, WA 98837
(509) 754-2011 ext. 4301

LINKS

[Friday Update Archive](#)

[Grant County 4-H](#)

[4-H Tuesday News](#)

[WSU 4-H Youth Development Program](#)

[4HOnline Registration](#)

[Virtual 4-H Programs and Resources](#)

[Youth Livestock Producers](#)

[Report Your 4-H Volunteer Hours](#)

[Volunteer Training](#)

[Washington 4-H Volunteer Orientation Modules](#)

[WSU Put the Child First](#)

[4-H Forms & Materials](#)

[Financial Forms](#)

[4-H Club Officer Resources](#)

[4-H Policies and Procedures Handbook](#)

[Scholarship Information](#)

[Information for Members, Volunteer Leaders, and Parents](#)

[Animal Ownership Dates](#)



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